College and Career Standards; (L) 4.1-5.2; (RL) 6.1, (ML)1.1-1.5, 2.1-2.4

Overview

Inspired by the popular television show, Chopped will require student creativity and student input. Will work best if done in a large crowd and have a minimum of six participants.

Contents

Tables, plastic vegetables, fruits, etc.,, moderator

Learning Objective

Students will create an appetizer, an entrée (must have three sides and one meat), and a dessert using 10 of the featured ingredients popular in Lowcountry cuisine.

Show Time

- Students will select 10 specific ingredients (only one ingredient per category)
- Students will create an appetizer, an entrée, and a dessert
- Entrée must have three sides
- Students will have 5 minutes to create an appetizer, 8 minutes for entrée, and 3 for dessert
- Moderator will have audience cast votes via anonymous ballots
- Moderator will tally votes for all categories and announce the 3 contestants that will continue to the next round
- Top 3 students will list their recipe and voting will resume
- Student with the most votes will be the winner